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Register Today for SOA's 36th Annual Meeting

July 17-20, 2019 ☀️ Omni Amelia Island Plantation ☀️ Amelia Island, FL



Southern Orthopaedic Association presents

Southern at the SEC

Sports Injury Update & Case Based Discussion 2019

May 22-25, 2019 • Renaissance Ross Bridge • Birmingham, AL

Meeting At A Glance



Keynote Speaker

Richard J. Hawkins, MD, FRCS
Steadman-Hawkins Clinic of the Carolinas

Guest Speaker

Greg Sankey
SEC Commissioner

SEC Athletic Orthopaedic Team of the Year Award

Joe P. Bramhall, MD
Texas A&M University

Download the Complete Program: On a mobile device, in the Apple Store or Google Play store, search "DTMS" and download; on a laptop go online to <https://datatrace.gatherdigital.com>.



The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Complete the CME form online at www.soaassn.org

Scientific Program

Salon E (Unless otherwise specified)

May 23-25, 2019 • Renaissance Ross Bridge • Birmingham, AL

BOC CEUs The Southern Orthopaedic Association (BOC AP# P3339) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 12 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program. Complete the CME form online at www.soaassn.org



Wednesday, May 22

- 12:00 pm – 5:00 pm Registration **Foyer**
- 12:00 pm – 5:00 pm Exhibit Set-Up **Salon FGH**
- 12:00 pm – 7:00 pm Speaker Ready Area **Pelham Room**

Thursday, May 23

- 6:30 am – 12:00 pm Speaker Ready Area **Pelham Room**
- 6:45 am Registration **Foyer**
- 6:45 am Exhibits and Continental Breakfast **Salon FGH**
- 7:00 am – 7:05 am Welcome **Salon E**
Scott D. Mair, MD, Program Chair

Session 1 – Spine and Hip

Moderator: Scott D. Mair, MD, University of Kentucky Sports Medicine

- 7:05 am – 7:20 am Spotlight on Spine – The SPORT of Disc Herniations
Christopher A. Heck, MD, Southlake Orthopaedics
- 7:20 am – 7:35 am Hip Arthroscopy Update
Russell A. Betcher, MD, Knoxville Orthopaedic Clinic
- 7:35 am – 7:50 am Rectus-Adductor Injuries – Management and Outcomes
Benton A. Emblom, MD, Andrews Sports Medicine & Orthopaedic Center
- 7:50 am – 8:00 am Discussion

Session 2 – Medical

Moderator: Robert G. Hosey, MD, University of Kentucky Sports Medicine

- 8:00 am – 8:15 am Eye Injuries in the Athlete
M. Kyle Smoot, MD, University of Kentucky
- 8:15 am – 8:30 am Common Rashes in the Athlete: Identification and Treatment
Fred Reifsteck III, MD, University of Georgia
- 8:30 am – 8:45 am Sliding Injuries in Baseball and Softball
Robert G. Hosey, MD, University of Kentucky Sports Medicine
- 8:45 am – 8:55 am Discussion

8:55 am – 9:25 am BREAK WITH EXHIBITORS Salon FGH

Session 3 – Team Physician Decision-Making

Moderator: M. Kyle Smoot, MD, University of Kentucky

- 9:25 am – 9:40 am Interventions for Early Return to Play
Christopher A. Klenck, MD, Knoxville Orthopaedic Clinic
- 9:40 am – 9:55 am Exertional Leg Pain in Athletes
M. Kyle Smoot, MD, University of Kentucky
- 9:55 am – 10:05 am Discussion

Session 4 – ELBOW

Moderator: Austin V. Stone, MD, PhD, University of Kentucky

- 10:05 am – 10:20 am Osteochondritis Dissecans – Management
Joe P. Bramhall, MD, Texas A & M University
- 10:20 am – 10:35 am UCL Injuries – Evaluation and Surgical Reconstruction
Jeremy R. Bruce, MD, University of Tennessee College of Medicine at Chattanooga

- 10:35 am – 10:50 am UCL Repair with Internal Brace
Jeffrey R. Dugas, MD, Andrews Sports Medicine & Orthopaedic Center

- 10:50 am – 11:00 am Discussion

11:00 am – 11:15 am BREAK WITH EXHIBITORS Salon FGH

Session 5 – Case Presentations and Discussion

Moderator: Christopher G. Mazoue, MD, University of South Carolina School of Medicine

- 11:15 am – 12:00 pm Elbow

Panel:

- Joe P. Bramhall, MD, Texas A & M University
- Jeremy R. Bruce, MD, University of Tennessee College of Medicine at Chattanooga
- Jeffrey R. Dugas, MD, Andrews Sports Medicine & Orthopaedic Center

Friday, May 24

- 6:30 am – 12:00 pm Speaker Ready Area **Pelham Room**
- 6:45 am Registration **Foyer**
- 6:45 am Exhibits and Continental Breakfast **Salon FGH**
- 7:00 am – 7:05 am Welcome **Salon E**
Jeffrey A. Guy, MD, Program Vice Chair

Session 6 – Foot and Ankle

Moderator: Barton R. Branam, MD, UC Health

- 7:05 am – 7:20 am Operative Treatment of the High Ankle Sprain
Norman E. Waldrop III, MD, Andrews Sports Medicine & Orthopaedic Center
- 7:20 am – 7:40 am Common Athletic Foot and Ankle Injuries
David E. Yakin, MD, Advanced Orthopaedic Specialists
- 7:40 am – 7:50 am Discussion

Session 7 – Shoulder

Moderator: Brian R. Waterman, MD, Wake Forest University Sports Medicine

- 7:50 am – 8:05 am In-Season Management of Shoulder Instability
Barton R. Branam, MD, UC Health
- 8:05 am – 8:20 am Maximizing Outcomes of Shoulder Instability in Contact Athletes
Kevin W. Farmer, MD, University of Florida Orthopaedics and Sports Medicine Institute
- 8:20 am – 8:35 am Getting Massive Rotator Cuff Tears to Heal with Advanced Techniques and Biologics
Michael J. O'Brien, MD, Tulane University
- 8:35 am – 8:45 am Discussion

8:45 am – 9:15 am BREAK WITH EXHIBITORS Salon FGH

Session 8 – Special Presentation by the Commissioner

Moderator: Jeffrey A. Guy, MD, University of South Carolina School of Medicine

- 9:15 am – 9:35 am **SEC Commissioner's Address**
Greg Sankey, SEC, Birmingham, AL

- 9:35 am – 10:00 am Questions

Session 9 – The Throwing Shoulder

Moderator: Michael J. O'Brien, MD, Tulane University

- 10:00 am – 10:15 am Management of the Biceps-Labral Complex in the Overhead Athlete
Brian R. Waterman, MD, Wake Forest University Sports Medicine
- 10:15 am – 10:30 am Biceps Tenodesis in Elite Baseball Players
E. Lyle Cain Jr., MD, Andrews Sports Medicine and Orthopaedic Center
- 10:30 am – 10:50 am **KEYNOTE SPEAKER:**
What We Know about the Throwing Shoulder
Richard J. Hawkins, MD, FRCSC, Steadman-Hawkins Clinic
- 10:50 am – 11:00 am Discussion

11:00 am – 11:15 am BREAK WITH EXHIBITORS Salon FGH

Session 10 – Case Presentations and Discussion

Moderator: Scott D. Mair, MD, University of Kentucky Sports Medicine

- 11:15 am – 12:00 pm Shoulder

Panel:

- Richard J. Hawkins, MD, FRCSC, Steadman-Hawkins Clinic
- Brian R. Waterman, MD, Wake Forest University Sports Medicine
- E. Lyle Cain Jr., MD, Andrews Sports Medicine and Orthopaedic Center
- Kevin W. Farmer, MD, University of Florida Orthopaedics and Sports Medicine Institute

Saturday, May 25

- 6:30 am – 12:00 pm Speaker Ready Area **Pelham Room**
- 6:45 am Registration **Foyer**
- 6:45 am Exhibits and Continental Breakfast **Salon FGH**
- 7:00 am – 7:05 am Welcome **Salon E**
Robert G. Hosey, MD, University of Kentucky Sports Medicine

Session 11 – Knee Cases: When to Disqualify from an Orthopaedic Standpoint

Moderator: Christopher A. Arnold, MD, Advanced Orthopaedic Specialists

- 7:05 am – 7:45 am Case Presentations

Panel:

- Darren L. Johnson, MD, University of Kentucky Sports Medicine
- James P. Stannard, MD, Missouri University School of Medicine
- Patrick A. Smith, MD, University of Missouri

Session 12 – Knee: Ligament

Moderator: Darren L. Johnson, MD, University of Kentucky Sports Medicine

- 7:45 am – 8:00 am ACL Update – Utility of Repair and Internal Bracing
Patrick A. Smith, MD, University of Missouri
- 8:00 am – 8:15 am The Pediatric ACL
Matthew J. Matava, MD, Washington University Orthopaedics
- 8:15 am – 8:30 am PCL Injuries – Management and Surgical Treatment
James P. Stannard, MD, Missouri University School of Medicine
- 8:30 am – 8:40 am Discussion

SEC Award Presentation

Moderator: Scott D. Mair, MD, University of Kentucky Sports Medicine

- 8:40 am – 8:45 am Presentation of SEC Athletic Orthopaedic Team of the Year Award
Recipient of the Award
Joe P. Bramhall, MD, Texas A & M University

8:45 am – 9:15 am BREAK WITH EXHIBITORS Salon FGH

Session 13 – Keynote Address

Moderator: Scott D. Mair, MD, University of Kentucky Sports Medicine

- 9:15 am – 9:45 am The Journey
Richard J. Hawkins, MD, FRCSC, Steadman-Hawkins Clinic
- 9:45 am – 9:55 am Discussion

Session 14 – Knee: Cartilage

Moderator: Matthew J. Matava, MD, Washington University Orthopaedics

- 9:55 am – 10:10 am How I Manage the Patellofemoral Joint
Jeffrey A. Guy, MD, University of South Carolina School of Medicine
- 10:10 am – 10:25am Meniscal Root Injuries – When and How to Repair
Chaitu S. Malempati, DO, Western Kentucky University
- 10:25 am – 10:40 am Cartilage Restoration and Return to Sport
Austin V. Stone, MD, PhD, University of Kentucky
- 10:40 am – 10:50 am Discussion

10:50 am – 11:05 am BREAK WITH EXHIBITORS Salon FGH

Session 15 – Case Presentations and Discussion

Moderator: Darren L. Johnson, MD, University of Kentucky Sports Medicine

- 11:05 am – 12:00 pm Knee

Panel:

- Richard J. Hawkins, MD, FRCSC, Steadman-Hawkins Clinic
- Matthew J. Matava, MD, Washington University Orthopaedics
- Jeffrey A. Guy, MD, University of South Carolina School of Medicine
- Austin V. Stone, MD, PhD, University of Kentucky