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Register Today for SOA's 38th Annual Meeting

July 21-24, 2021 ☀ Wild Dunes Resort ☀ Isle of Palms, SC



Southern Orthopaedic Association presents

Southern at the SEC

Sports Injury Update & Case Based Discussion 2021

May 26-29, 2021 • Renaissance Ross Bridge • Birmingham, AL



Meeting At A Glance

Keynote Speaker

Kamran S. Hamid, MD, MPH
Loyola University

Guest Speaker

Greg Sankey
SEC Commissioner

2021 SEC Athletic Orthopaedic Team of the Year Award

E. Lyle Cain Jr., MD
University of Alabama

2020 SEC Athletic Orthopaedic Team of the Year Award

Fred Reifsteck III, MD
University of Georgia

Download the Complete Program: On a mobile device, in the Apple Store or Google Play store, search "DTMS" and download; on a laptop go online to <https://datatrace.gatherdigital.com>.



The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 13 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Complete the CME form online at www.soaassn.org

Scientific Program

Salon E (Unless otherwise specified)

May 27-29, 2021 • Renaissance Ross Bridge • Birmingham, AL

BOC CEUs The Southern Orthopaedic Association (BOC AP# P3339) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 13 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program. Complete the CME form online at www.soaassn.org



Wednesday, May 26

- 2:30 pm – 5:00 pm Registration **Ballroom Foyer**
- 2:30 pm – 5:00 pm Exhibit Set-Up **Salon FGH**
- 2:30 pm – 7:00 pm Speaker Ready Area **Helena Room**

Thursday, May 27

- 6:30 am – 12:15 pm Speaker Ready Area **Helena Room**
- 6:45 am – 12:15 pm Registration **Ballroom Foyer**
- 6:45 am – 12:15 pm Exhibits and Continental Breakfast **Salon FGH**
- 7:00 am – 7:05 am Welcome **Salon E**
Scott D. Mair, MD, Program Chair

Session 1 – Spine and Thoracic Outlet

Moderator: Scott D. Mair, MD, University of Kentucky

- 7:05 – 7:20 am Cervical Spine Injury and Return to Play
R. Carter Cassidy, MD, University of Kentucky
- 7:20 – 7:35 am Management of Thoracic Outlet Syndrome
Russell A. Betcher, MD, Knoxville Orthopaedic Clinic
- 7:35 am – 7:45 am Discussion

Session 2 – Medical

Moderator: M. Kyle Smoot, MD, University of Kentucky

- 7:45 – 8:00 am On-Field Emergencies
M. Kyle Smoot, MD, University of Kentucky
- 8:00 – 8:15 am Heat Stroke: Evaluation, Treatment and Return to Play
Chris A. Klenck, MD, University of Tennessee
- 8:15 – 8:30 am Training Room Management of Common Infections
Robert G. Hosey, MD, University of Kentucky
- 8:30 – 8:35 am **Presentation of SEC 2020 Team Physician of the Year Award**
- 8:35 – 8:50 am Immunization Recommendations for Collegiate Athletes
Fred Reifsteck III, MD, University of Georgia
- 8:50 – 9:05 am Discussion

9:05 am – 9:35 am BREAK WITH EXHIBITORS Salon FGH

Session 3 – Shoulder: Rotator Cuff

Moderator: Russell A. Betcher, MD, Knoxville Orthopaedic Clinic

- 9:35 – 9:50 am Modifiable Factors Influencing Rotator Cuff Repair
Brent A. Ponce, MD, The Hughston Clinic
- 9:50 – 10:05 am Treatment Options for Massive Rotator Cuff Tears
Michael J. O'Brien, MD, Tulane University
- 10:05 – 10:15 am Discussion

Session 4 – Shoulder Instability

Moderator: Brent A. Ponce, MD, The Hughston Clinic

- 10:15 – 10:30 am Remplissage for Shoulder Instability
J. P. Bramhall, MD, Texas A & M University

- 10:30 – 10:45 am Management of Bone Loss in Shoulder Instability
Kevin W. Farmer, MD, University of Florida
- 10:45 – 11:00 am Evaluation and Treatment of Posterior Shoulder Instability
Brian R. Waterman, MD, Wake Forest University
- 11:00 – 11:15 am Discussion

11:15 am – 11:30 am BREAK WITH EXHIBITORS Salon FGH

Session 5 – Case Presentations and Discussion

Moderator: Scott D. Mair, MD, University of Kentucky

- 11:30 am – 12:15 pm Shoulder Cases
- Panel**
J. P. Bramhall, MD, Texas A & M University
Kevin W. Farmer, MD, University of Florida
Michael J. O'Brien, MD, Tulane University
Brian R. Waterman, MD, Wake Forest University

Friday, May 28

- 6:30 am – 12:40 pm Speaker Ready Area **Helena Room**
- 6:45 am – 12:40 pm Registration **Ballroom Foyer**
- 6:45 am – 12:40 pm Exhibits and Continental Breakfast **Salon FGH**
- 7:00 am – 7:05 am Welcome **Salon E**
Christopher G. Mazoue, MD, Palmetto Health-USC Orthopedic Center

Session 6 – Foot and Ankle

Moderator: Chaitu Malempati, DO, Western Kentucky University

- 7:05 – 7:20 am Management of Turf Toe
Norman E. Waldrop III, MD, Andrews Sports Medicine & Orthopaedic Center
- 7:20 – 7:35 am Stress Fractures of the Lower Leg
J. Benjamin Jackson III, MD, MBA, Palmetto Health-USC Orthopedic Center
- 7:35 – 7:50 am The Adolescent Athlete's Ankle
Kamran S. Hamid, MD, MPH, Loyola University
- 7:50 – 8:05 am Discussion

Session 7 – Knee Ligament

Moderator: Scott D. Mair, MD, University of Kentucky

- 8:05 – 8:20 am Rotational Instability of the Knee: A New Look
Jeffrey A. Guy, MD, University of South Carolina
- 8:20 – 8:35 am Lateral Extraarticular Tenodesis
Chaitu S. Malempati, DO, Western Kentucky University
- 8:35 – 8:40 am **Presentation of SEC 2021 Team Physician of the Year Award**
- 8:40 – 8:55 am Perils of ACL Low Femoral Tunnel Placement
E. Lyle Cain, MD, Andrews Sports Medicine & Orthopaedic Center
- 8:55 – 9:10 am Pearls for Revision ACL Reconstruction
Darren L. Johnson, MD, University of Kentucky
- 9:10 – 9:25 am Discussion

9:25 am – 9:55 am BREAK WITH EXHIBITORS Salon FGH

Session 8 – Special Presentation by the Commissioner

Moderator: Jeffrey A. Guy, MD, University of South Carolina

- 9:55 am – 10:15 am **SEC Commissioner's Address**
Greg Sankey, Southeastern Conference
- 10:15 am – 10:40 am Questions

Session 9 – Hip and Elbow

Moderator: E. Lyle Cain, MD, Andrews Sports Medicine & Orthopaedic Center

- 10:40 – 10:55 am Hip: Labral Reconstruction
Jaron P. Sullivan, MD, Vanderbilt Orthopaedics
- 10:55 – 11:10 am Hip: Femoroacetabular Impingement
Benton A. Emblom, MD, Andrews Sports Medicine & Orthopaedic Center
- 11:10 – 11:25 am Rehabilitation of the Elbow
Kevin E. Wilk, DPT, Andrews Sports Medicine & Orthopaedic Center
- 11:25 – 11:40 am Elbow: Update on UCL Repair with Internal Brace
Jeffrey R. Dugas, MD, Andrews Sports Medicine & Orthopaedic Center
- 11:40 am – 11:50 am Discussion

11:50 am – 12:05 pm BREAK WITH EXHIBITORS Salon FGH

Session 10 – Case Presentations and Discussion

Moderator: Christopher G. Mazoue, MD, Palmetto Health-USC Orthopedic Center

- 12:05 pm – 12:40 pm Elbow Cases
- Panel**
E. Lyle Cain, MD, Andrews Sports Medicine & Orthopaedic Center
Jeffrey R. Dugas, MD, Andrews Sports Medicine & Orthopaedic Center
Darren L. Johnson, MD, University of Kentucky
Chaitu S. Malempati, DO, Western Kentucky University

Saturday, May 29

- 6:30 am – 12:30 pm Speaker Ready Area **Helena Room**
- 6:45 am – 12:30 pm Registration **Ballroom Foyer**
- 6:45 am – 12:30 pm Exhibits and Continental Breakfast **Salon FGH**
- 7:00 am – 7:05 am Welcome **Salon E**
Robert G. Hosey, MD, University of Kentucky

Session 11 – Hot Topics in Sports Medicine

Moderator: Robert G. Hosey, MD, University of Kentucky

- 7:05 – 7:20 am Performance-Enhancing Substances in Athletes
Kimberly A. Kaiser, MD, University of Kentucky
- 7:20 – 7:35 am Single Sport Specialization
Christopher G. Mazoue, MD, Palmetto Health-USC Orthopedic Center
- 7:35 – 7:45 am Discussion

Session 12 – Knee

Moderator: Darren L. Johnson, MD, University of Kentucky

- 7:45 – 8:00 am ACL Primary Repair and Internal Bracing
Patrick A. Smith, MD, Columbia Orthopaedic Group
- 8:00 – 8:15 am Posterior Cruciate Ligament Injuries
Amit Momaya, MD, University of Alabama at Birmingham
- 8:15 – 8:30 am Management of Patellar Instability
Jeremy R. Bruce, MD, University of Tennessee, COM, Chattanooga
- 8:30 am – 8:45 am Discussion

Session 13 – Keynote Address

Moderator: Austin V. Stone, MD, PhD, University of Kentucky

- 8:45 – 9:15 am Startups & Sellouts: How Your Ideas Will Save Healthcare
Kamran S. Hamid, MD, MPH, Loyola University
- 9:15 am – 9:30 am Discussion

9:30 am – 10:00 am BREAK WITH EXHIBITORS Salon FGH

Session 14 – Round Table

Moderator: Austin V. Stone, MD, PhD, University of Kentucky

- 10:00 – 10:30 am Cost, Cash-Based Approach and Orthobiologics

- Panel**
Kamran S. Hamid, MD, MPH, Loyola University
Christopher G. Mazoue, MD, Palmetto Health-USC Orthopedic Center
James P. Stannard, MD, University of Missouri
Austin V. Stone, MD, PhD, University of Kentucky

Session 15 – Knee: Biologics and Transplantation

Moderator: Amit Momaya, MD, University of Alabama at Birmingham

- 10:30 – 10:45 am Meniscal Repair/Meniscal Transplantation
Matthew J. Matava, MD, Washington University, St. Louis
- 10:45 – 11:00 am Biologic Replacement of the Knee: A Series
James P. Stannard, MD, University of Missouri
- 11:00 – 11:15 am Update on Orthobiologics for the Knee
Austin V. Stone, MD, PhD, University of Kentucky
- 11:15 – 11:30 am Discussion

11:30 am – 11:45 am BREAK WITH EXHIBITORS Salon FGH

Session 16 – Case Presentations and Discussion

Moderator: Jeffrey A. Guy, MD, University of South Carolina

- 11:45 am – 12:30 pm Knee Cases
- Panel**
Jeremy R. Bruce, MD, University of Tennessee, COM, Chattanooga
Darren L. Johnson, MD, University of Kentucky
Matthew J. Matava, MD, Washington University, St. Louis
Patrick A. Smith, MD, Columbia Orthopaedic Group